

FEEL GOOD

FESTIVAL





The biggest Yoga- and Fitness Festival in Austria

At the Feel Good Festival in Vienna, everything revolves around topics that enhance one's well-being and make life more enjoyable. Since 2017 we have been filling a weekend each year to the brim with sports, lifestyle activities, and an abundance of positive energy. The shared desire for a weekend filled with joy and mindfulness has quickly brought together a thriving community. #feelgoodvibesonly

Our topics

YOGA



Namasté in
Döbling!

FITNESS



A healthy mind in
a healthy body.

MINDSET



Feel good moments
start in your head.

COMMUNITY



Flow together,
grow together.

Stages & Areas



Mainstage

The vibrant heart of the festival, with sessions for all levels



Balance Stage

Our second, smaller stage for sessions with specific focus



Workshop Area

Various workshops on diverse topics – wait and see!

Stages & Areas



Bootcamp

Push your limits and strengthen your body



Spinning

Adrenaline rush meets Silent Disco! The ultimate cardio party for all fitness levels.



Aerial Silk

Step out your comfort zone and try aerial acrobatics.

Stages & Areas



Food Village

Refuel your body with the healthy offers of the food trucks



Chill Zone

Relax, refresh and connect with other like minded souls.



Sponsoring Area

Join in raffles and explore some of our sponsors products

FAQs

What is included in your ticket?

- Your festival ticket covers everything in the program, including all the classes and training sessions. Plus, you'll get a goodie bag filled with awesome products.

Are the tickets tied to specific names?

- No, the name on the ticket does not need to match the name of the person using it. Therefore, tickets can also be resold. Identification will only be checked for student tickets.

Do I need to sign up in advance for workshops?

- No, you don't need to register for workshops, it's first come, first served. Just come to the specific area shortly before the workshop begins.

FAQs

What should I bring to the festival?

- Ideally you bring a towel, sunscreen, a hat, a water bottle, some cash, and, if needed, a rain jacket. Don't forget your yoga mat if you have one, although there are some available for rental on-site. And, of course, your ticket!

What happens in case of bad weather?

- Even though the Feel Good Festival is an outdoor event, it will take place regardless of the weather conditions. However, if there is heavy rain, there may be spontaneous changes and adjustments to the program.